



## MENU

Gluten Free Option Available

Vegetarian

### STARTERS

**3 FRESH OYSTERS**

**3 DRESSED OYSTERS**

Ponzu Dressing, Coriander, Chilli Oil

**ROASTED TOMATO SOUP**

Whipped Feta, Chives, Basil, Toasted Mature Cheddar Roll

**MUSHROOM SOUP**

Rice, Wild Mushrooms, Celery, Carrot, Coconut Milk, Fresh Bread

**BEEF CARPACCIO**

Parmesan Shavings, Crispy Capers, Watercress, Maldon Salt, Aged Balsamic

**DUMPLINGS**

Chicken or Veg Dumplings (v), Honey and Soy Dressing, Sesame Seeds, Pickled Cucumber

**CHICKEN LIVERS**

Napolitana, Sour Cream, Coriander, Toasted Sourdough

**SALT & PEPPER PRAWN**

Chopped Lettuce, Smashed Avocado, Lime Dressing

**GRILLED BABY SQUID**

Paprika, Lemon, Parsley, Fresh Bread

### SALADS

**CHEF'S SALAD**

Baby Lettuce, Cherry Tomato, Cucumber, Corn, Avocado, Feta, Vinaigrette

**CAPRESE SALAD**

Buffalo Mozzarella, Tomato, Basil Pesto, Rocket, Basil

**CHICKEN CAESAR SALAD**

Grilled Chicken, Cos Lettuce, Bacon, Parmesan, Egg, Croutons, Caesar Dressing

**SALMON POKE BOWL**

Marinated Raw Salmon, Sticky Rice, Edamame Beans, Carrot, Red Cabbage, Cucumber, Avocado, Ponzu Dressing, Sesame Seeds, Nori

**VEGETABLE POKE BOWL**

Grilled Eggplant, Sticky Rice, Edamame Beans, Carrot, Red Cabbage, Cucumber, Avocado, Honey & Miso Dressing, Sesame Seeds, Nori

### TOASTED SANDWICHES

**SOURDOUGH, SEED LOAF OR GLUTEN FREE BREAD**

**TOMATO & CHEESE**

Cheddar, Sliced Tomato, Basil Pesto, Rocket, Chips, Slaw

**CHICKEN MAYONNAISE**

Dill Pickles, Feta, Rocket, Chips, Slaw

**MORTADELLA HAM & CHEESE**

Wholegrain Mustard, Dill Pickles, Cheddar, Chips, Slaw

**SMOKED BEEF BRISKET**

Wholegrain Mustard, Dill Pickles, BBQ Sauce, Emmental, Chips, Slaw

### PASTAS

**CHOICE BETWEEN, SPAGHETTI, PENNE PASTA & GLUTEN FREE**

**GRILLED SALMON FILLET**

Chilli, Ginger, Lemongrass, Tomato, Coconut Sauce, Salmon Roux, Watercress

**ITALIAN MEATBALLS**

Napolitana, Beef Stock, Mushrooms

**NAPOLI**

Napolitana, Cherry Tomato, Basil, Olive Oil, Parmesan

**BASIL PESTO**

Basil, Pine Nuts, Lemon, Parmesan

Add Grilled Chicken R95

### SMALL PLATE MENU

**ANY 2 SMALL PLATES FOR R310**

**LAND**

**ROASTED BONE MARROW**

Braised Beef, Chimichurri, Melba Toast

**CONFIT DUCK LEG**

Pommes Puree, Baby Carrots, Duck Jus

**CHICKEN RISOTTO**

Basil Pesto, Parmesan, Pine Nuts

**BRAISED PORK BELLY**

Cos Lettuce, Ranch, Parmesan, Croutons, Jus

**OCEAN**

**PRAWN TOAST**

Sourdough, Wasabi, Sesame Seeds, Sriracha Dressing, Pickled Cucumber

**CRISPY HAKE SLIDERS**

Cos Lettuce, Tartar Sauce

**MUSSEL POT**

Tom Yum Sauce, Coconut Milk, Fish Stock, Coriander

**SALMON TARTARE**

Fresh Salmon, Cucumber, Sticky Rice, Avocado, Soy Dressing

R120

R145

**EARTH**

**MUSHROOM ARANCINI**

Mozzarella, Arrabbiata

R95

**AVOCADO TOAST**

Sourdough, Poached Egg, Feta, Cherry Tomato, Lemon Oil

R125

**SALT & PEPPER TOFU**

Sticky Rice, Bok Choi, Spring Onion, Honey Soy Glaze

R155

**CAMEMBERT FONDUE**

Fruit Preserve, Toasted Sourdough

R135

### MAINS

**ALL MAINS ARE SERVED WITH EITHER POMMES PUREE, CHIPS, MINI CHEFS SALAD, GARDEN VEGETABLES, PARMESAN CREAM SPINACH OR STEAMED WHITE RICE**

**CHEESE BURGER**

Double 120g Beef Patty, Cheddar, Emmental, Roasted Salsa, Pickle, Cos Lettuce, Slaw, Chips

R195

R195

**SMOKED BRISKET BURGER**

Single 120g Burger, Smoked Beef Brisket, Cheddar, Avocado, Roasted Salsa, Pickle, Cos Lettuce, Slaw, Chips

R225

R155

**MEDITERRANEAN RISOTTO**

Artichokes, Cherry Tomato, Paprika, Parmesan, Rocket, Toasted Almonds

R225

R145

**GRILLED EGGPLANT PARMESAN**

Napolitana, Buffalo Mozzarella, Basil Pesto, Hummus, Rocket

R215

R205

**TEMPURA HAKE**

Smashed Peas, Lemon Butter Sauce, Tartar Sauce, Charred Lime

R225

R195

**SEAFOOD PLATTER FOR ONE**

Tempura Hake, 4 Prawns, Paprika Squid, Steamed Rice, Broccoli, Lemon Butter Sauce

R365

R225

**PERI PERI HALF CHICKEN**

Harissa Hummus, Rocket, Butternut, Grilled Corn, Peri Peri Sauce

R275

R155

**RUMP STEAK 300G**

R335

**RIB EYE STEAK 300G**

R355

**LADY BEEF FILLET 150G**

R315

**BEEF FILLET 250G**

Choice Between Béarnaise or Pepper or Bordelaise or Mushroom Sauce (G)

R395

### DESSERT

R145

**DARK CHOCOLATE CRÈME BRÛLÉE**

Caramel, Biscotti

R105

R155

**HONEY ICE CREAM**

Honeycomb, Lime & Lavender Custard

R105

R155

**PUMPKIN SPICED CHEESECAKE**

Vanilla Bean Ice Cream, Caramel Sauce

R105

R165

**MANGO PAVLOVA**

Meringue, Vanilla Bean Cream, Mango Compote, Fresh Mango and Gooseberries

R105

**ICE CREAM CONE**

Sugar Cone, Your Choice of Ice Cream

R105

R325

**CAKE OF THE DAY**

Please ask your Waitron for Today's Cake Selection

R85

R245

### BAR SNACKS

R245

**MARGARITA PIZZA**

Napolitana Sauce, Mozzarella

R75

R175

**FOCACCIA**

Hummus, Marinated Olives

R95

R195

**TRUFFLE CHIPS**

Parmesan, Truffle Sauce

R95